

Essentials

BIBLICAL COUNSELING & DISCIPLESHIP WORKSHOP

SCHEDULE

WEEKEND 1

**Friday, September 15, 2023 / 3:00 – 9:00 PM
(Dinner Included)**

**Saturday, September 16, 2023 / 8:30 AM – 5:00 PM
(Lunch Included)**

SESSIONS:

The Basis for Biblical Counseling

- Need for Biblical Counseling – Joe Schenke
- What Makes Biblical Counseling Biblical – Joe Schenke
- Progressive Sanctification – Joe Schenke
- Process of Biblical Change – Joe Schenke
- Qualifications of Biblical Counseling – Joe Schenke
- Getting to the Heart – Ariel Hidalgo
- Idols of the Heart Y Chart – Karen Smith

Key Elements in Biblical Counseling

- Gathering Data/Discerning Problems – Jeff Butler
- Establishing Involvement/Giving Hope – Jeff Butler
- Providing Instruction/Giving Homework – Jeff Butler

WEEKEND 2

**Friday, October 13, 2023 / 3:00 – 9:00 PM
(Dinner Included)**

**Saturday, October 14, 2023 / 8:30 AM – 5:00 PM
(Lunch Included)**

SESSIONS:

Husband and Wife Relationships

- Goals / Purpose for Marriage – Joe Schenke
- Roles of the Husband – Joe Schenke
- Roles of the Wife – Joe Schenke
- Biblical Sexuality – Jeff Butler

Parent and Child Relationships

- Parental Instruction – Randy Curtis
- Parental Discipline – Randy Curtis
- Communication – Joe Schenke
- Conflict – Joe Schenke
- Forgiveness – Joe Schenke
- Trials and Suffering – Karen Smith

WEEKEND 3

**Friday, November 10, 2023 / 3:00 – 9:00 PM
(Dinner Included)**

**Saturday, November 11, 2023 / 8:00 AM – 5:15 PM
(Lunch Included)**

SESSIONS:

Medical Issues in Counseling

- Physical Illness and Biblical Counseling – Joe Schenke
- Psychotropic Drugs and Biblical Counseling – Joe Schenke

Critical Reflections on Various Theories in Counseling

- Secular & Integration Theories – Dr. Sam Stephens

Frequent Issues in Counseling

- Fear and Worry – Dr. Sam Stephens
- Sexual Sin – Dr. Sam Stephens
- Depression – Joe Schenke
- Guilt and Repentance – Dr. Sam Stephens
- Anger – Jeff Butler
- Handling the Past - Pastor Jack Klosheim
- Case Study Sessions – Joe Schenke

ACBC Certification

- How to Become ACBC Certified – Dr. Sam Stephens



Hosted by Word of Life Center for Biblical Counseling
4230 Glendale Rd.
Pottersville, NY 12860

Essentials

BIBLICAL COUNSELING & DISCIPLESHIP WORKSHOP

DETAILED SCHEDULE

WEEKEND 1 / SEPTEMBER 15–16

FRIDAY:

The Basics of Biblical Counseling

3:00–4:00 PM *The Need for Biblical Counseling* – Joe Schenke

4:00–4:15 PM Break

4:15–5:15 PM *What Makes Biblical Counseling Biblical?*
Definition and Goals of Biblical Counseling
– Joe Schenke

5:15–6:00 PM Dinner

6:30–7:30 PM *Progressive Sanctification* – Joe Schenke

7:30–7:45 PM Break

7:45–8:45 PM *The Process of Biblical Change* – Joe Schenke

SATURDAY:

Key Elements of Biblical Counseling

8:30–9:30 AM *Establishing Involvement & Giving Hope* – Jeff Butler

9:30–10:00 AM Break

10:00–11:00 AM *Gathering Data & Discerning Problems* – Jeff Butler

11:00–11:15 AM Break

11:15 AM – 12:15 PM *Aiming for the Heart* – Ariel Hidalgo

12:30–1:15 PM Lunch

1:30–2:30 PM *Providing Biblical Instruction & Giving Homework*
– Jeff Butler

2:30–2:45 PM Break

2:45–3:45 PM *“Idols of the Heart” Counseling Tool* – Karen Smith

3:45–4:00 PM Break

4:00–5:00 PM *Qualifications of a Biblical Counselor* – Joe Schenke

WEEKEND 2 / OCTOBER 13–14

FRIDAY:

Marriage and Family Relationships

3:00–4:00 PM *God’s Purpose for Marriage* – Joe Schenke

4:00–4:15 PM Break

4:15–5:15 PM *Roles of the Husband* – Joe Schenke

5:15–6:00 PM Dinner

6:30–7:30 PM *Roles of the Wife* – Joe Schenke

7:30–7:45 PM Break

7:45–8:45 PM *Biblical Sexuality* – Jeff Butler

SATURDAY:

Marriage and Family Relationships, continued

8:30–9:30 AM *Parental Instruction* – Randy Curtis

9:30–10:00 AM Break

10:00–11:00 AM *Parental Discipline* – Randy Curtis

11:00–11:15 AM Break

11:15 AM–12:15 PM *Communication* – Joe Schenke

12:30–1:15 PM Lunch

1:30–2:30 PM *Conflict* – Joe Schenke

2:30–2:45 PM Break

2:45–3:45 PM *Forgiveness* – Joe Schenke

3:45–4:00 PM Break

4:00–5:00 PM *Trials & Suffering* – Karen Smith

WEEKEND 3 / NOVEMBER 10–11

FRIDAY:

Medical Issues in Counseling

3:00–4:00 PM *Physical Illness and Biblical Counseling*
– Joe Schenke

4:00–4:15 PM Break

4:15–5:15 PM *How to Become ACBC Certified*
– Dr. Sam Stephens

5:15–6:00 PM Dinner

Critical Reflections on Various Theories in Counseling

6:30–7:30 PM *Secular & Integration Theories* – Dr. Sam Stephens

7:30–7:45 PM Break

7:45–8:45 PM *Guilt and Repentance* – Dr. Sam Stephens

SATURDAY:

Frequent Issues in Counseling

8:00–9:00 AM *Fear and Worry* – Dr. Sam Stephens

9:00–9:15 AM Break

9:15–10:15 AM *Sexual Sin* – Dr. Sam Stephens

10:15–10:30 AM Break

10:30–11:30 AM *Depression* – Joe Schenke

11:30–11:45 PM Break

11:45–12:45 PM *Psychotropic Drugs and Biblical Counseling*
– Joe Schenke

12:45–1:30 PM Lunch

1:45–2:45 PM *Handling the Past* – Pastor Jack Klosheim

2:45–3:00 PM Break

3:00–4:00 PM *Anger* – Jeff Butler

4:00–4:15 PM Break

4:15–5:15 PM *Case Study Session* – Joe Schenke

